

MAY THE LOVEFORCE BE WITH YOU
Kali-Ki Reiki: Healing Through Divine Mother & Yogic Wisdom
By Joni Dittrich, Ph.D. (Rajashree Maa)

CHAPTER SYNOPSES

Opening (p. v)

Introduction (p. ix): How Kali-Ki Reiki and the symbols were revealed to the author. How to read this book. Guided meditations and stories of healing experiences are interspersed throughout the book.

Terms Used in Kali-Ki Reiki (p. xxi)

PART ONE: THE WISDOM FOUNDATIONS OF KALI-KI REIKI

Chapter One: Understanding Kali-Ki Reiki as the Force of Limitless Love (p. 1)

Reiki is described as the energy of the Divine Mother, or what in Kali-Ki Reiki we call the Loveforce. This is also the energy of the formless, attributeless, divine absolute, which we call Limitless Love.

Chapter Two: Healing as Transformation (p. 17)

Reiki loveforce energy heals by restoring harmony and wholeness to the entire being. Describes how healing involves a transformation of consciousness as the person realizes that even healing on the physical level is a result of alignment with the Soul Self. Healing is understood as an activation of the loveforce energy that is always and already present in the client.

Chapter Three: Healing from Within: The Yoga of Kali-Ki Reiki (p. 39)

Kali-Ki Reiki is a practice for both healing and spiritual awakening, or what we call “wisening.” Kali-Ki Reiki is related to the Eight Limbs of Yoga. It works in all layers of the being, traversing the energetic layers of the human system: from the soul to the psychic, mental, emotional, and physical selves or “energy bodies.” This chapter also describes the chakras of Kali-Ki Reiki and how it heals through these subtle energy centers.

Chapter Four: Releasing the Knots That Bind: Karma and Trauma (p. 83)

Discusses the necessity of releasing karmic binds in reiki healing and discusses practices for doing so. Introduces DROPPP (Deep Release of Persistent Pain Patterns) as a unique treatment utilizing Kali-Ki Reiki for releasing trauma and karma. Discusses the practitioner's need for karmic protection when performing reiki. Practitioners can avoid accruing karma through not identifying the ego self as the "doer" of the healing, and non-attachment to the results and processes of reiki healing.

Chapter Five: Meditation and Self-Inquiry (p. 119)

Meditation and reiki healing practices are the two wings of Kali-Ki Reiki. Regular performance of both helps us heal and wiser. "Ham Sa" mantra meditation is presented as the main meditation practice of Kali-Ki Reiki. Discusses the necessity of ongoing self-inquiry into our true divine nature and recognizing and releasing whatever thoughts, identities, actions, and words that obstruct our full self-realization and manifestation.

Chapter Six: The Divine Feminine (p. 147)

Describes how Divine Mother has been known and worshipped in various forms in all wisdom traditions throughout time. Explains how Her Loveforce energy is sorely needed in these times. Kali-Ki Reiki is understood as a timely revelation from Divine Mother, intended to bring healing and harmony into our awareness, our current life situations, and world circumstances.

Chapter Seven: The Mother's Symbols (p. 165)

Describes the universality of symbols and how the unique symbols of Kali-Ki Reiki are light-forms of Divine Mother's Loveforce. Each symbol vibrates and pulses at frequencies that offer healing and wholeness according to what is needed. Whereas different symbols may bring healing to different levels of the human system, all symbols serve to awaken awareness and inspire wisening to both the practitioner and the client. Briefly describes "attunement," the initiatory process whereby the practitioner is empowered to perform Kali-Ki Reiki.

PART TWO: THE KALI-KI REIKI SYMBOLS AND THEIR WISDOM

Chapter 8: First Level Kali-Ki Reiki (p. 195)

Overview of what is taught to entry level Kali-Ki Reiki practitioners. Students learn that Kali-Ki Reiki is the Loveforce energy of Divine Mother and conveyed through Her symbols. Chapters 9-12 describe each of the First Level symbols along with guided meditations and stories about their healing and wisening properties.

Chapter 9: Shri Vidya Trishul: Trident of Wisdom (p. 203)

The story of how the first Kali-Ki Reiki symbol was revealed to Rajashree Maa and how the lineage began. Importance of trinities in yoga and other wisdom traditions. Healing stories and guided meditations for experiencing the energy of Shri Vidya Trishul and its iterations. Trishul fortifies, protects, grounds, and activates the loveforce within.

Chapter 10: Om and Om Trishul (p. 241)

The meaning of Om and how it is used as a healing symbol on all levels of the human system. Om awakens us to the Limitless Love at the core of being. Together, Om and Trishul manifest the Loveforce—the power of Limitless Love. Om Trishul heals by offering both strength and openness, power and wisdom, clarity and gentleness.

Chapter 11: Hasti Bala (p. 263)

Symbol for energizing and releasing. Activates shakti. Can harmonize the chakras and release energetic toxins or karmic obstructions in the subtle body. Used to wrap a person in a protective energetic cocoon after receiving a Kali-Ki Reiki session.

Chapter 12: Trishul Revisited: Healing Beyond Time and Space (p. 281)

Trishul as the Kali-Ki Reiki distant healing symbol. How healing happens beyond touch and the limitations of time. Clarifications on the notion of “sending” reiki and the importance of client consent in reiki healing.

Chapter 13: Second Level Kali-Ki Reiki (p. 299)

An overview of the Second Level symbols and teachings in Kali-Ki Reiki. At Second Level, the symbols are as much intended for consciousness-expanding and “wisening” as they are for healing. Intuition is expanded, as is the awareness of the Limitless Love that is the basis of all that is. Chapters 14-18 describe each of the Second Level symbols along with guided meditations and stories about their healing and wisening properties.

Chapter 14: Sambandha: Connecting to Source (p. 303)

Sambandha “plugs us in” and awakens us to the Limitless Love at the Source of all being. It empowers intuition and enables psychic and intellectual connections and insights.

Chapter 15: Amritananda: The Nectar of Limitless Love (p. 319)

The exquisite sweetness of being as a manifestation of Limitless Love. Opening to subtle realms and communing with beings in other dimensions. Ancestral healing and transitioning from the life in this world to realms beyond death.

Chapter 16: Anahata Nada: The Pulse of the Cosmic Heart (p. 341)

Aligning with cosmic vibrations and tuning into the celestial song. Balancing the rhythms in the human system. Cleansing and rebalancing the chakras. Listening deeply to the body and the natural world.

Chapter 17: Vishvachakra: Universal Wheel of Consciousness (p. 361)

The sacred spiral. Creative expansion and infinite manifestation of Divine Mother's Loveforce. The ultimate Oneness of all that is. Interconnection and the experience of *kula*, or community. Connecting with beings in multiple realms. Healing through the experience of connection.

Chapter 18: Vimana Darshanan: Vessel of the Seers (p. 379)

Chariots of the Gods. Traversing the multiverses. Story of Vimana Darshanan as a shared vision. Seeing into past and future to heal the present. Vehicle to journey through dimensions of time and space. Awakening psychic intuition.

Chapter 19: Master Level: The Path to Wisening (p. 393)

An overview of the Master Path program for advanced students. Mastery in Kali-Ki Reiki is a marriage of skill and knowledge that leads to the true awareness that we are reiki—we are the Loveforce energy of the Divine Mother, and we are manifestations of Limitless Love. An evolving process, enhanced through our sadhana or spiritual practice, of healing of ourselves and others, as well as daily deep meditation and self-inquiry. Two Master Level symbols are introduced in Chapters 20 and 21, along with stories of healing and mastery at advanced levels.

Chapter 20: Tri-Trishul-Tat-Sat: The Master Key (p. 399)

The symbol that transcends all symbols. Using the Master Symbol to attune practitioners to the Kali-Ki Reiki lineage. Stories of evolving mastery. The Kali-Ki Reiki Principles.

Chapter 21: Sacred Flame: The Eternal Light of Love (p. 417)

A symbol of pure, undiluted and unconditioned love. Like a flame that burns eternally, the Sacred Flame is the light of Limitless Love. Awakens awareness of Divine Mother's Loveforce and Christ consciousness. Passing the flame in service to the divine.

The book concludes with an ode to the Sacred Flame by a Kali-Ki Reiki Master, images of all Kali-Ki Reiki symbols, a Chapter Content Guide, Acknowledgements, Bibliography, and About the Author.