

COMMON SENTIENCE



ASCENSION

*Divine Stories of Awakening the Whole
and Holy Being Within*

Featuring

WILLIAM HENRY

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CONTENTS

PART ONE: UNDERSTANDING ASCENSION

What is Ascension? 5

The Roots of Our Ascension 11

Our Ascension Timeline 37

The Lost Art and Science of Ascension 95

The Hero’s Ascension Journey 111

PART TWO: DIVINE STORIES OF AWAKENING THE WHOLE AND HOLY BEING WITHIN

Blue Eyes *William Henry* 123

Pillar of Light *Drs. J.J. and Desiree Hurtak* 131

Meeting on the Mountain *Saryon Michael White* 135

Home of My Soul *Clara Stewart Moore* 139

I Am the Sistrum *Donna Kuebler* 145

Divinely Orchestrated Leap *Julia Eiler* 153

Opening to the Merkaba *Ysette Roces Guevara, Ph.D.* 159

Ubiquitous Nature of Love *Susie Cassaro* 165

The Divine Source Within *Pamela Nance* 169

Bends in Eternal and Everyday Time *Dr. Joanne Halverson* 175

Compassion and Healing of Christ *Debbie Irvine, MCoun* 179

Holding Hands in the Pandemic *Ronna Webb* 187

The Golden Road *Anastasia Michelle*..... 191

Being Light *Jacob Melchizedek* 195

Dying on the Garden City Flyer *Bill Frase* 201

My Lightbody Reunion *Julie Saeger Nierenberg* 205

A Visit *Barbara Ross Greaney*..... 209

Emerging the Beautiful Butterfly *J. H. Lutz* 213

A Reset *Mark Sakalosky*..... 217

The Moon and Me *Shannon K. McArthur*..... 219

Carius *Lynn Hummer*..... 223

The Wormhole Dance *William Henry* 231

PART THREE: DEEPENING YOUR ASCENSION EXPERIENCE

Shifting to Whole..... 239

Can Transhumans Ascend?..... 251

The Beaming Garment..... 263

MEET OUR SACRED STORYTELLERS..... 267

MEET OUR FEATURED AUTHOR..... 271

EXCERPT for REVIEW ONLY

PART ONE

Understanding Ascension

EXCERPT for REVIEW ONLY

The knower and the known are one.

—MEISTER ECKHART

WHAT IS ASCENSION?



*Who am I? Where did I come from? What am I doing here?
How do I live the best life while here? Where am I going
when I leave—and most importantly, how do I get there?*

These questions have been asked for millennia, on Earth and likely elsewhere.

The answers are complicated, but also simple. They could be reduced to one sentence for each question.

The quest to find these answers triggers our natural spiritual abilities for transformation and evolution, both as individuals and as a species. Transformation leads to a sense of wholeness, holiness, and completion that changes our bodies, raises us beyond human, and enables us to “walk with the angels” in the sacred realms.

This is Ascension.

The ascension quest is rather like the search for the Theory of Everything equation, which vexed Stephen Hawking and eluded Einstein for the last thirty years of his life: the elegant, one-inch equation that summarizes all the physical laws governing this universe we call home.

Pursuing this equation is the job of some of the smartest people who have ever lived. They study things we can't see (subatomic particles) that make up all the things we can see (matter). Some of them believe that the destiny of all life in the universe depends on answering this call and solving this equation. Discovering it will take humans from having the "theory of *almost* everything" to complete knowledge about the universe—or *universes*, as it is likely that the layers of the universe might be like the layers of an onion, and the number of layers might be infinite.

The people asking the above spiritual questions, and those asking the physics questions, are on parallel paths.

Like the physics gurus, the spiritual ascension masters have sought to condense their teachings of the ages into "ascension equations" or practices that are simple to follow. One of the oldest of such equations is this:

"Loving God with all your heart, mind, and soul and loving your neighbors as yourself = self-realization and Ascension."

This equation answers most, if not all, of the questions above. It makes the essential point that moving away from separation, hatred, and ignorance and toward higher, self-less acts will benefit all life.

With this ascending path comes the emergence of a consciousness and a higher intelligence that is cosmic, mystic, and practical in that it enables us to scale new heights. I call it *angelic* or *ascension intelligence*. Tapping into this ascension intelligence or ascension consciousness empowers us. Some even believe a better human will bring about the ascension of our entire home planet. As these answers are sought and discovered, a new being rises and emerges from within us.

We ascend. Earth ascends. Heaven rejoices.

Ascension means rising. It is an action that implies climbing and realization, especially self-realization. This is why—in addition to the bridge, rope, and tree—the ladder is a most apt metaphor and symbol for Ascension.

One does not simply ascend a ladder. One climbs it. The ascending soul must learn to rise, grow, develop, transform, transmute, and *climb* into the heavens.

As we will explore, many traditions tell us that this ladder is not “out there.” It is “in here.” Our precious body, itself, is the ladder. We are to learn to use it, as well as to discover all we can about who provided this ladder to us.

The spiritual goal of transcending the material world and uniting with the Divine in the spiritual realms beyond might be humanity’s oldest desire. It could be called the Theory of Everything of Spirituality. While the theory of everything might answer the question of who created all this, the ladder addresses the question: “How do I get there, and where did all this come from?”

Certainly, it’s not in your flesh-and-blood body. Our bodies are garments or suits that are worn while we’re on Earth. You can’t take it with you.

Well, maybe you can.

Your Ascension journey might culminate in you becoming a meditation master adept at rearranging all of those invisible, subatomic particles that make up your physical body and transforming them into a radiant body made of pure energy, into which your consciousness is deposited.

Attaining this body of pure energy is the ultimate outcome of Ascension. From this perspective, Ascension is two things:

- One, it is the awakening and raising of consciousness and a quest for wholeness, holiness, and completion.
- Two, the transformation or perfection of the body from its material, solid, flesh form into higher, subtler light body form that is capable of living in the higher regions beyond the Earth, which are inhabited by supernatural beings.

Metaphysically speaking, Ascension is as much about unfolding, evolving, developing, and disclosing this new “light” being within as it is

about rising. In actuality, a better word is *revealing*. The light body is not something we retrieve or turn into. It is already present within us. Turning into light is actually turning inside-out, which reveals what is hidden within our lives. In Ascension, our outer matches more closely our inner.

It is important that we realize this sooner rather than later.

As we will see, the spiritual goal of transcending the material world—and uniting with the Divine in the spiritual realms beyond—is an ancient desire. But it is also our most imperative current need, as immense technological and geological forces are challenging us. From artificial intelligence to climate change to the threat of global war, our time is filled with anticipation and peril.

Ascension involves a complete change in identity and lifestyle. It is a transformation of one's entire life...which takes us beyond the perils of Earth life.

Raising vibration is often spoken of in relation to Ascension. This is a raising above the distracting, lower impulses, actions, and thoughts. The objective is not to remove these desires as much as it is to direct our desire toward that which is good or godly. As the soul's desires come into attunement or alignment with God's, it is able to activate its fuller capabilities.

The goal of raising one's vibration is to see the Divine more clearly and to allow the Divine presence to be experienced more fully and sweetly. When the soul ascends, it can see, hear, and feel from a higher vantage point that brings new light and wisdom about the self and the world.

Enfolded within each of our bodies is the ability to ascend and to transform. What we see when we look in the mirror is a fraction of who we truly are and what we can become, if we commit fully to completing our Ascension.

Along the way, we must be open to change and willing to accept that as we change our outer self, our inner self changes, too.

A key analogy for our journey is the acorn.

It is hard to comprehend the growth, unfolding, or ascension process of the oak tree that rises from within the acorn. We might be astounded by the potential enfolded within that tiny seed, hidden within the nutty enclosure, to produce a glorious tree—and not just any tree, either. The little seed becomes a massive oak—a tree that is considered sacred or holy the world over.

The completed form of the holy oak is within the mundane acorn, but one would never know it. The acorn and oak tree look nothing like one another. Not until the right conditions are provided does the acorn's genetic coding, and destiny, kick in, and the transformation begins. Then, the whole or perfected holy oak rises from the soil.

The venerable oak has been revered as a symbol of strength, resilience, power, wisdom, longevity, generosity, and Divine spiritual connection. These are all attributes and benefits the ascension quest provides the awakened soul. Hence, the acorn is a wonderful metaphor for Ascension.

Nothing happens with the acorn while it is hanging in the tree. It must take a journey into the lower world and be planted into the ground to find its potential.

So, into the ground we go.

END OF PART ONE EXCERPT

PART TWO

*Divine Stories of Awakening the Whole
and Holy Being Within*

*Who looks outside, dreams
who looks inside, awakes.*

—CARL JUNG

MEETING ON THE MOUNTAIN

A dramatic spiritual awakening had changed my life—but with the passing years, the initial wonder had begun to fade like a distant dream. The anticipation of making another quantum leap in evolution did not seem to connect with a future that I once saw so clearly.

What had happened to this exciting potential? How could I enter a new vibration of the human experience?

Sometimes I would notice a synchronicity that seemed to confirm that I was on the right path, but I hadn't felt any dramatic shifts that would make heightened states of consciousness permanently accessible. I also felt flawed in ways that I did not know how to change.

Still, I remained optimistic. I knew I needed to understand the connection between what I had envisioned of humankind's potential and what I was experiencing on the ground. If the process of ascension was taking place, it seemed so gradual that it was easy to doubt whether it was happening at all.

During a visit to Colorado, I recalled a time when my family had taken me to a place called Saint Mary's Glacier in the Rocky Mountains. Something prompted me to revisit this part of my childhood. The landscape was as beautiful and mystical as I had remembered. After a quarter-mile

hike through the forest, the trail opened to a clear lake fed by the glacier. Mountains towered in front of me, and the trees around the lake looked like works of art, as if the wind had twisted and sculpted them.

I remembered well my first visit here as a pre-teen. I had scrambled toward the top of the glacier, but my mother had stopped me from climbing higher, fearful that I would slip and fall. I had perched on an outcropping of rocks overlooking the lake and vowed that one day I would return to finish the climb.

Now that day had finally come. It felt like I was living a childhood dream. As I scaled the glacier, a profound feeling enveloped me. It was as if a vast presence of love was looking in on my life from some higher realm. I felt the presence of Christ and the ascended masters. I even had a sense of my aura and my connection to the life force of the environment.

Eventually, I reached the top of the steep lower glacier, but an ice filled valley still extended before me. The landscape went on and on. I searched for something that looked like an attainable peak because I wanted a sense of having reached a summit.

A peak that came to a clear point loomed to my right. I began my ascent. With each step, I felt more connected to a spiritual presence around me. The patience, commitment, and determination required to continue climbing higher felt symbolic of my greater journey of ascension in life. Every rock and flower greeted my gaze, as if the land recognized me and was happy to see me again. Far removed from other people, I could focus on my soul's spiritual bond with the Earth.

When I reached the top, I took in the amazing, 360-degree view of the surrounding landscape. It was colder than I'd expected, and a bit windy. I sat down, leaned my back against a rock, and huddled for warmth. I stretched my T-shirt out over my knees and legs and ducked my head below the neck hole, pulling my arms inside the shirt as well. The wind was exhilarating, and I was happy to be there, even as the breeze chilled me.

After a few minutes, I heard a voice say, *Look up, I'm standing right in front of you.*

Yeah, right, I thought in disbelief. I was certain that I was physically alone on that mountain top, even though I had my face buried in my shirt and was not looking at my surroundings.

Then I heard it again. This time, the voice was more adamant.

Look up! I'm standing right in front of you!

It's too cold, I retorted telepathically. I wanted to keep my head down, craving the warmth inside my shirt, but decided to humor the voice. It felt like another person speaking directly into my mind.

Slowly, my eyes peeked up out of my shirt. There, on the mountain peak directly across from me, stood a brilliant, radiant, white flame, the size of a person. Immediately, I connected with the presence of this light and felt it was an ascended master. His light filled the vast landscape before me, though I did not imagine anyone else could see what I was witnessing. It was just the two of us.

For about twenty minutes, we stared at each other in awe of this unique and powerful moment. Our meeting seemed to be fulfilling an unknown purpose. He captivated me. The transference of consciousness that was taking place was so subtle, I found no words for it. *Who was this, and why had he chosen to appear to me?* He said nothing else to me telepathically. His silence felt deliberately mysterious. We just appreciated each other from a distance. I only know that this being felt familiar and seemed to be regarding me with great love.

I saw other flashes of color in the white flame. At one point, the being seemed to lift his arm and wave to me. A few seconds later, he disappeared. The flame winked out, and my connection to him closed. I was alone again.

Finally, I stood up. As I gazed out at the beautiful, majestic mountains, another message resonated in my mind. I felt connected to Egypt and the Great Pyramid and heard the ascended masters say, *The initiation you will*

go through in this life will be the greatest that you have ever achieved in any lifetime. Their words seemed to convey an awareness that the initiation was not an experience that would happen on a single day of ascension. They were describing the work of my whole life: a journey of mastering the ascension path, instead of trying to attain ascension as a specific goal.

When I returned home from this trip, I found a handwritten letter in the mail from a woman in Germany who had recently read an article of mine. What she said astounded me. She wrote about walking in the woods when a being of white fire appeared before her. At first, she felt it was the manifestation of a Divine being.

She fell to the ground in humility and praise, saying, “It is an angel of the Lord!”

Then one of her angelic guides spoke to her: *No, that’s you. Do not be afraid. That is your Divine self.*

She wrote that, for a short time, she had watched this vast being in awe, realizing she was viewing a reflection of her spiritual potential.

The synchronicity blew me away! Her story suggested something that had not occurred to me. Perhaps, the being I had seen was *me*.

That meeting on the mountain still holds a mystery, but it confirmed my life’s path and restored confidence in my calling. Now, more than twenty years later, I notice each time I pass another milestone on this journey. The future seems to keep folding over to touch the past, always encouraging me to lift my gaze and continue rising to new heights.

Today whenever I doubt the dreams of my heart, I remember feeling the confirmation of a victorious future saying, *Look up. I’m standing right in front of you.*

Saryon Michael White

END OF PART TWO EXCERPT

PART THREE

Deepening Your Ascension Experience

I saw the angel in the marble and carved until I set him free.

—MICHELANGELO

SHIFTING TO WHOLE



The three key takeaways, the golden nuggets, of the early ascension stories we explored are these:

- **One**, human souls can attain a higher state of being. In fact, our bodies might have been designed for Ascension.
- **Two**, Ascension is equated with wholeness and holiness. We know we are ascending when we are doing holier things. On an individual soul level, it means raising from the human to the cosmic or angelic realms. On the planetary level, it is a raising of our collective consciousness from I/Earth/Humanity to We/Cosmic/Galactic Family.
- **Three**, these stories told me that we can, and must, plan to ascend.

Many readers probably have a health plan, a career plan, a financial plan, and a family plan—but what about a plan for (y)our soul’s evolution? The awakened and ascending soul asks: *What is my ascension plan? How will I get home?* Anyone contemplating or working on these questions is probably an ascending soul.

Stories that inspire us to think about the body as an ascension vehicle are actually calls to Ascension and mind maps for doing so.

If we wish to be an ascended being, we must act like one. The ascension stories of the ancients are meant to help us get our act together.

One figure who I briefly mentioned is the Sumerian hero named Gilgamesh. Most historians concur that Gilgamesh was a historical king who ruled the Sumerian city-state of Uruk at some point between 2800 and 2500 B.C. An archaic inscription from Ur reads, “Gilgameš is the one whom Utu has selected.” The Tummal inscription, c. 1953 to 1920 B.C., credits Gilgamesh with rebuilding the walls of Uruk on its antediluvian foundations. By following his metaphysical story in more detail, I discovered a way we can deepen our own ascension experiences.

The *Epic of Gilgamesh* is the world’s second oldest story, after the *Ascension of Inanna*. In it, we learn of his meeting with a figure who survived a great flood sent by the gods to punish humanity. This mortal survived by building a great ship or craft. Just like Noah in the later story found in Genesis, Utnapishtim gathered animals into his craft and saved them from the flood. Afterwards, he released the animals to repopulate the Earth, and he and his wife were deified and blessed with immortality by Enki for this act of compassion. Utnapishtim directed Gilgamesh to a plant that would assure his immortality and Ascension. Unfortunately, a serpent stole the magic plant from Gilgamesh on his journey back to Earth, and Gilgamesh was forced to accept his mortality by the end of the epic.

In the *Epic*, we learn that Gilgamesh was born two-thirds Divine and one-third human. His father was a human named Lugalbanda and his mother a holy being named Ninsun. He is a composite being—perhaps a hybrid, even.

I interpreted this to mean that humans have three parts. If Gilgamesh wants to make it through the (star)gate of the gods, and attain immortality, he will have to clean up his act and put all his parts together. For if he tries to go through the gate only two-thirds whole, holy, or complete the result

will not be pretty. It will be like walking into a blender (or a flashing, flaming sword, like the one guarding the gate to Eden in Genesis).

Gilgamesh, like all of us, must resolve his out-of-shape status and become whole (holy) or complete (360) before venturing into the (star) gate to heaven.

Now, because it provides perfect balance with the Divine ruler at the center, divinity/holiness/wholeness is symbolized by a circle with a dot in the center. The Egyptians were among the first cultures to use the circle to represent perfection. The circle with a dot is also the hieroglyph for light and gold.

Thanks to the sexagesimal system used by the ancient Sumerians, a circle is 360 degrees in circumference. Two-thirds of 360 degrees is 240. Gilgamesh's goal is to raise from 240 to 360.

I began to wonder if this story is saying that 240 is the base starting place (let's call it the base "frequency" or "vibration") of all humanity. In ascension circles, people frequently talk about "raising their vibration" or "shifting their frequency." Often, there is a lack of clarity about what this frequency is and how we know we have raised it. How *do* we measure our ascension frequency? That is a very important question.

If we use Gilgamesh's story as a scale, we can now determine where we are on our ascension path. We are somewhere between 240 and 360.

One thing is clear: Our goal is the same as it was for Gilgamesh 4,500 years ago: to raise ourselves from 240 to 360, or from two-thirds to fully Divine, and to shape ourselves into a perfect whole...in order to enter into the exalted circle of those who have ascended and reached a state beyond human.

Let's talk about the circle for a moment, and then circle back to Gilgamesh.

The round shape of the circle, O, is a *ring*. The multiple levels of interpretation of this word offer further insight into how we transit to the next higher *rung* of our ascension ladder.

When we move all the way around something, we make a *ring* around it.

A *ring* is also a tone or a vibration. If we raise or tune our vibration high enough, we are called an angel. We get a halo, a *ring* of light around our head or body.

A *ring* is a symbol of loving connection. When we commit to someone in marriage, we do so by exchanging rings as tokens of our love and devotion.

A *ring* is also a group of people who share a common goal.

When something “rings a bell,” we remember it. We bring it back. We reconnect. Adjusting our ring, our tone, helps us to remember the true self. We are no longer disconnected, cut-off, decoupled from our ascended self.

Finally, a ring is a circular or spiral course, like a labyrinth, which is another ancient symbol of wholeness. In the labyrinth, the imagery and symbolism of the circle and spiral combine into a meandering journey that takes you round and round until, eventually, you find the center. Exiting the labyrinth is a symbol of rebirth. Like the labyrinth, the ascension path becomes purposeful once one has awakened to its course.

Think about how different the view is when you are in the labyrinth at ground level and when you are looking at it from above.

At ground level, one can become confused, frustrated, lost. When viewed from above, suddenly the course, including the entrance and exit, is revealed. The labyrinth becomes a beautiful, symmetrical work of art like your completed soul.

All of these levels of interpretation of the word *ring* can also be applied to the word *Ascension*, which is a never-ending spiral of life in which we increasingly raise our vibration and embrace an always-expanding and resonating universe. Ring that in red.

Imagine what your life would be like if you had the intelligence and compassion of an angel. Imagine if you knew your life never ends, but continues on an eternal spiral. What goals would you have? What would you be doing differently?

The question of the ages is: How do we accomplish this? How do we change our ring tone? How do we raise our consciousness? How do we ascend?

Back to Gilgamesh.

The short answer is we do this by changing the things we are doing from the lower “frequency” of 240 to the higher frequencies of, say, 290, 300, or 310, for example.

Every day that you are at 240, you are doing certain things mentally, physically, spiritually, and emotionally. These are your habits. These actions are reflective of your belief that you can and cannot do certain things—or will or will not do certain things.

When you pass through 240 and are at these higher frequencies you will be doing new and different things mentally, physically, spiritually, and emotionally than you are presently doing. You will continue doing certain things, but the emphasis will be on new actions aimed at greater wholeness, holiness, and perfection. To ascend, we need to figure out what those new things are...and begin doing them. Then, we will begin ringing at a new frequency.

The *Epic of Gilgamesh* points to the spiritual actions required for Ascension. It makes clear that the ascension journey is as much a journey *within* as it is a journey upward. The way to go outward into space is to go inward into the heart and mind. It is not an easy path.

“Wide is the gate (the *nibiru*) that leads to destruction and narrow is the way that leads to life.”

This phrase, first uttered by Gilgamesh in c. 2500 B.C., was as true as when Jesus quoted it verbatim 2,500 years later in Matthew 7:13-14:

“Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it.”

As Jesus said a moment later in Matthew 19:24, “And again I say unto you, It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.”

The width of the gate depends on our behavior during life.

SOME PRACTICES YOU CAN DO

What can we do to attain a higher frequency and widen the gap?

What you need to do is individually specific to you. Likely, you already know what some of these things are. They are the things you have been procrastinating on or thinking about doing instead of actually doing them. You will be more whole, holy, and complete once you get them done.

Some of these actions will be perceived as easy, like changing our diet, meditating, and chanting. You could put this book down right now and do any of these things. When you come back to the book, you will be at a higher vibration.

Other actions, like healing, levitation, teleportation, and the illumination of the body, will be perceived to be more difficult.

Every action in alignment with your more whole and holy self brings about a perceptible energetic phenomenon, a shift in frequency. When we think in new ways, it affects the body. Who we are is what we think about, what we mentally rehearse, and what we think and act as.

This is why we need images of our more perfect selves.

SACRED ART MEDITATION

We can practice activating the Light Body by contemplating, meditating, and reflecting on sacred images of beings who have attained the Light Body.

We need to see the way forward. We need a north star in the sky to guide us. To me, images of ascended beings are “north stars.” Knowing that these images can hand off the codes for our own Ascension make them even more powerful.

Keep a painting of Buddha, Christ, Mary, or any other master beside your bed. Before you rise in the morning, spend a few minutes connecting mentally, physically, spiritually, and emotionally with that figure. Allow your brain to make those circuits and release the neurochemicals of that experience. Rise from your bed as that person who is linked with that deity, instead of your usual self.

Seeing is believing. “Where the mind goes the biology follows,” says Dr. Mario Martinez.

I would modify this to say, “Where the *soul* goes, the biology follows.”

Jesus’ transfiguration is the preferred icon for this. Images of Christ radiating light activate the cosmic power of our imagination, which yogic traditions says is a substantial part of the light body. We aren’t just using our imagination, however. Neuroscience says that each time we look at an icon of Christ radiating light, a part of us is mirroring his action.

Jesus told the disciples: “Rise and do not be afraid.” In other words, raise your vibration and experience the flip side of fear, which is love.

Focusing our mind, our awareness, on these images provides a map for our imagination and our brain to make this experience our reality.

Repetition. Repetition. Repetition. Repetition. Repetition. Through repeated connection with the icons, we can—with the help of Christ, Buddha, or Mary—rise above fear and create our new self...in their image.

Then, do the things those deities do. Act with compassion, wisdom, patience, generosity, and love.

END OF PART THREE EXCERPT

MEET OUR FEATURED AUTHOR



William Henry is a Nashville-based author, investigative mythologist, art historian, and TV presenter. He is an internationally recognized authority on human spiritual potential, transformation and ascension.

He has a unique ability to incorporate historical, religious, spiritual, scientific, archaeological and other forms of such knowledge into factually-based theories and conclusions that provide the layperson with a more in-depth understanding of the profound shift we are actually experiencing in our lifetime.

The spiritual voice and Consulting Producer of the global hit History Channel program, *Ancient Aliens*, and host of the Gaia TV series *The Awakened Soul: The Lost Science of Ascension*, and *Arcanum*, along with his wife, Clare, William Henry is your guide into the transformative sacred science of human ascension.

By bringing to life the ancient stories of ascension through art and gnostic texts, he teaches the secrets of soul transfiguration or metamorphosis and connects people to one another across cultures, time and space. With over 30 years of research distilled into 18 books and numerous video presentations, William's work will guide you to next level of human consciousness and our expanding reality.

William's present work has taken him into the area of transhumanism, which he first began writing about in his 2002 bestseller, *Cloak of the Illuminati*. His latest book, *The Singularity Is Near: The Next Human, the Perfect Rainbow Light Body and the Technology of Human Transcendence* is a primer and a warning for the looming potential transformation of humanity as we speed closer to meshing computer technology with human flesh.

William discusses transhumanism as the fulfillment of an ancient impulse to transcend our human bodies. His work has propelled him into the role of human rights activist and advisor on the biopolitics of human enhancement as he informs audiences of the unparalleled perils and potentials of Artificial Intelligence and Transhumanism.

Learn more at <https://williamhenry.net>

This book is timely for our planetary ascension and is a valuable contribution to humanity's evolution.

—**Debra Giusti**, spiritual entrepreneur and founder of Wishing Well Productions

A rich weaving of the landscape of Ascension—the reaching of our fullest potential—both in the personal and the collective. Informative and inspiring!

—**Kurt Johnson, Ph.D.**, *The Coming Interspiritual Age, Our Moment of Choice, Fine Lines, Nabokov's Blues*



Deepen Your Ascension Experience

To know where you are going in life, you must first understand your past. Ascension scholar William Henry shows us ascension is not an ancient activity that happens after your death. In fact, there has never been a time in history when so many people are actively working toward, or living, their ascension.

Explore the timeline of our ascension quest beginning with the insights of the Egyptians to modern-day spiritualists, including fascinating accounts of Moses, Buddha, the Greeks, Jesus, Mother Mary, Mohammed, and St. Francis of Assisi. Understand your Rainbow Light Body and experience a map of the enlightened soul's journey that connects you to your Ascended Self.

Awaken the whole and holy being within you as William Henry and our sacred storytellers share their inspiring experiences, including those of:

- a man who saw a vision of his future self.
- a seeker who experienced a kundalini awakening.
- a woman who saw her super-conscious self during a near-death experience.
- a sister whose death of her five-year-old twin propelled her on her path.
- a woman who found the peace and wisdom of the Cosmic Mother.
- a man who received love from a benevolent light being.

Learn practices you can do to deepen your ascension experience and discover how to use sacred art on your ascension journey. Explore the perils of transhumanism we face today. Walk, see, hear, and feel from a higher vantage point that brings new light and wisdom to you and our world.

ASCENSION is the realization of humanity's oldest desire for enlightenment.



William Henry is an ascension scholar, author, investigative mythologist, art historian, and TV presenter. As an internationally recognized authority on human spiritual potential, transformation, and ascension, William's work has propelled him into the role of human rights activist and advisor on the biopolitics of human enhancement.



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