

The background of the cover is a photograph of the Aurora Borealis (Northern Lights) in shades of green and blue, set against a dark night sky with visible stars. Below the aurora, a landscape is visible under a twilight sky, featuring a small white house and a line of lights along a hillside.

Earth Speaks Up

Dynamic new perspective
on Earth and your role here

MARY E. MCNERNEY

Earth
Speaks
Up

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Earth Speaks Up: Dynamic new perspective on Earth and your role here

Mary E. McNerney

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*"Now is the time to change your understanding and perceptions of
your world. Once we each change our awareness,
everything else changes."*

-Earth

Introduction



In centuries past, people believed the Earth was flat. That was not reality, but it was the fundamental perception at the time. So too, society once believed Earth was stationary and the sun circled around it. That is until people learned the opposite is true: Earth is dynamic and mobile, continually rotating on an axis. More recently, perceptions of reality changed yet again when people recognized that land is not fixed and static either, Earth's continental plates regularly move and shift.

We, in our time, hold onto the belief that Earth is merely a compilation of dirt and rock. That is our perception, but as past experience taught us, that is not necessarily the reality.

Groundbreaking advances throughout history have shown us that our view of the world needs to be fluid and expansive; open to change. *Earth Speaks Up* brings each of us into the nexus of that next change in perception. It takes you into an experience of our world in a new way, on a journey into an amazing connection with Earth.

You will come to know Earth as a conscious, sentient, communicating planetary being; one who continually seeks to express herself clearly to you, and who seeks to teach you to attune to her. It was when the Earth distinctly asked me to attune to her, that this book had its origin.

At the time, I was a corporate lawyer ensconced in managing matters of contracts and business logistics. Concepts of a sentient, expressive Earth were simply not on my radar. That is, until one day, I distinctly and unmistakably heard the words *"Take dictation from the Earth."*

It's hard to encapsulate my surprise in words. After recovering from the shock, I thought it was a profound idea, but certainly more suited to the illustrious and knowledgeable spiritual persons of our time. When some months later, I heard the exact same request, I concluded I should give it a try. Having no idea what to do, I simply sat there with pen in hand. Suddenly, the dictation started coming; it was hard for my pen, hand, and mind to keep up with it. This process continued over the ensuing months and years and became this book.

I reference it here to illustrate for you that having certain spiritual or ecological qualifications are not prerequisites to being able to attune to and work co-creatively with the Earth. Earth's guidance is available to each one of us if we are simply open to receive it. We are readily and continually invited to expand our understanding of who our planet truly is.

Earth Speaks Up shows us how we can join and work together with Earth in an entirely new way for the benefit of us all. Included are simple exercises to help our new way of being, take root.

Earth is the primary teacher and speaker in this text. When speaking, I experienced Earth as a feminine and light-hearted being; her voice has a musical quality to it, with a palpable sense of warmth. Guidance from the non-dimensional, non-physical realms is also offered by angelic beings who enter into this conversation to support both Earth and us, the listeners. They identify themselves to us as WE. When WE speak, I sense I am in the midst of a group of highly evolved spiritual beings who speak collectively as one. Their ‘voice’ is more sonorous, with a distinctly masculine tone. They sound like a wise professor.

You will notice that the language used in the book by Earth and WE is a bit archaic, and sentences are sometimes complex, yet I did not feel it was my role to edit this text. I received and transcribed what was dictated. As I was mulling over the wordiness of the text, Earth provided this explanation:

“There is a current riding on these words, sometimes this current eddies and swirls...and that gives you, as the reader, a chance to center and re-center yourself in the content.”

There are a few points where my comments or questions to Earth or WE are intertwined with their text; my words are differentiated by italics. In the Author Notes at the end of the book, I’ve explained more fully how this book came about and

have also shared a few small vignettes of my own experiences with some of the simple exercises provided in the text. I hope sharing my experiences may help provide a frame of reference as you set off and explore this new direction.

As you delve into what *Earth Speaks Up* offers, you will have your own unique experiences as you learn to listen to the Earth's voice. Like the explorers and thinkers over the past centuries whose openness to new directions have fundamentally changed our perceptions of the world, you will be enriched by perspective, knowledge, and understanding you never conceived of before.

Earth Speaks Up will bring you into that nexus of change you are ready for.

Chapter 1



Humanity's Role Now

"It is time for humanity to awaken to the togetherness of what you and I truly are. We are one consciousness traveling together."

- Earth



EARTH:

So, we begin.

My time as a planet has been very short. I, as a being, previously inhabited other galaxies and may do so in the future. I had an opportunity to come here, to take this form, move into this form and this 'beingness,' so I did. I like it, I am enjoying it; being a planet nurtures my beingness, what you may loosely term my Spirit, although that term is somewhat incomplete when used in reference to planet souls or beings. No matter.

What I really want to convey to you is what I am about *now*, because that will help you and human consciousness understand more completely what your role is in conjunction with mine. We are a ‘togetherness,’ which is something that humankind has missed to comprehend, failed to understand, for quite some time, for eons. Now in this time, it is the time for humanity, and what the human consciousness represents, to awaken to the togetherness of what we, you and I, truly *are*. We are one soul. We are one consciousness traveling together.

One-Spiritedness is important for humanity to grasp. Your thoughts and ways of being affect me, but you do not yet grasp this and wholly fail to hear, feel, and comprehend my own thoughts and ways of beingness. Hence, I am prone to produce volcanic eruptions, hurricanes, cyclones, and tornadoes. These are my expressions loud and clear.

I was about to add earthquakes to this list when I heard...

EARTH:

No, earthquakes are, in essence, a shift in my skeletal systems, my structure. These will occur as long as I choose to inhabit this body. Yes, I may leave, and another being will come in, but I do not foresee that for a very long time; it is not on my horizon. These other items listed are my expressions. I have many, many more ways and forms of expression, but these you

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often miss or choose to neglect. We'll delve into teaching you how to listen quite effectively next time.

Chapter 2



Learn to Listen to Earth

"I am consistently communicating with you and resonating to you."

-Earth



EARTH:

When you listen to me closely, you can hear everything I have to communicate, every pip. I am consistently communicating with you and resonating to you. I have a *vibration*. It can be musical in nature or sonorous; it is my voice. When you listen or are still, you can feel the waves, which are telling you one thing. When you feel a rolling, continuous current, that is speaking something else to you. I realize you humans do not commonly listen or feel in this way. You must learn to do so. All other animals do, as do the plants and all life, which is a component of my physical body. These waves of vibration are very important.

Yes, it is akin to a pulse, but it carries sound and feeling, too. The weather patterns you see are carried on this vibration, this pulse, but they do not emanate from it; they simply ride upon it. Weather is not my creation. It is your creation, your doing. What you are putting forth in your thoughts and feelings has a direct impact on the atmosphere. The atmosphere is my vibrational field, and you layer your own impacts on top of and into that.



Exercise One: Feel the Pulse

EARTH:

So, now we begin with the actual listening. My vibrational field is alive, it has a force, as does your own. Get quiet. Sit down. Be calm and still.

Many of you are feeling it moving into your first chakra; others may feel it on head top or elsewhere. Listen to the current, read this current, for this is my voice.

Don't read your own vibrational field or that of your neighbor's; move, expand beyond that and you will find me. I am often in the current that moves up a tree, so if it helps you, lean against a tree to begin....

Put your hands on Earth, there's a current, a pulse. As you connect with this current, a feeling will flow up into you,

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stronger and more distinct than other sensations you are carrying. That is me.



This exercise was dictated one day after a major earthquake occurred, albeit quite far from where I was.

EARTH:

An earthquake is a big change that unsettles me, too. I feel now an anxiousness. Next phase, I will feel a deep settling, a deep breath of exhalation, as I resettle in my body. But I am not yet at that phase, though it is nearby. Come back in two days, and you will notice a different feeling, current of energy. There will be a benign-ness to it, more tranquil. Please read me like this. It is very, very important to me that you begin to acknowledge and feel these currents of mine. As we begin to exchange this vibration more, it will lead to quiet and deeper healing on both our parts. For you need to now realize this: my health and well-being are not separate from yours, and neither is your health and well-being separate from mine.

I am with you now as you write this book, for I want humanity to know, to be aware of me as a living being, sentient.

Chapter 3



Earth's Sense of Self

"The more you connect with my vibration, the more I am able to nourish you in your growth and likewise you enable me in mine."

- Earth



WE:

When you tune into the Earth, you are, in so doing, tuning in to the deeper part of your Self. We use capital S here to signify the greater, more expansive, sense of one's Self, going beyond the body.

The Earth too, goes beyond her body. There is a cosmic connection to the greater planetary Beingness. You also have this connection to that same planetary Beingness, but it is so attenuated a strain of connection from the human self to the great Planetary Beingness that we shall only make reference to it here and leave it at that.

For the Earth, however, this greater connectedness is as important to her as your sense of connectedness to the greater God, the greater Humanity, is to you. This is where the Earth perceives herself as coming from or originating, and this is also where she receives her divine guidance, her astrological rhythms, and her connectedness to the greater Whole. Her source of energy, life vitality, originates here too. In a way, the cosmos was her placenta when she was coming into form, and that energetic connection, that source, that 'energetic feeding tube' still remains. Recognize too, that as it feeds and radiates to her, that is available to you also.

The Earth seeks to maintain her place in the cosmos, just as you do in your own world. As you have a frame of reference to your society, so does she to her cosmos. Can you see the parallels we are drawing here?

EARTH:

I am ready to speak through you now about my beingness. When I came in to the 'world,' this place, I didn't really have the sense of self that I do now. I am younger than many planets, but wiser, more learned, than others. You see all the things that I have created on my surface, that is nothing compared to what some other planets have done. I am great in what I have done and am doing, although I do have some anxieties at times, cycles.

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Now I am entering a phase of anxiety. I know all is well and will be well but change and transformation are as uneasy for me as they can be for you. That is why I am so eager to connect with you--my humanity, my mental beingness. The understanding and wisdom we have for each other is profound. You need to acknowledge this. And in so doing you acknowledge *me*. The more and more you are willing to connect with my vibration, as in the exercise preceding, the more and more I am able to 'feed', nourish you in your growth, and likewise you enable me in mine.

Now, we near the end of our discussion for today. The point I wished to make has been emphasized. Go ahead, *feel* my energetic field, my vibration of feeling. This is truly good, beneficial for both of us. You may not see or understand the benefits now, but they are there for sure. Doing so enables the fullness of Good to flow to the each of us, the Both that is One. So be it.

End of Excerpt

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